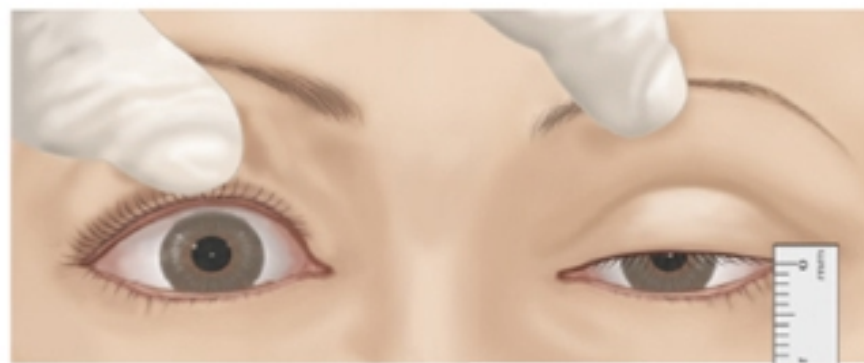
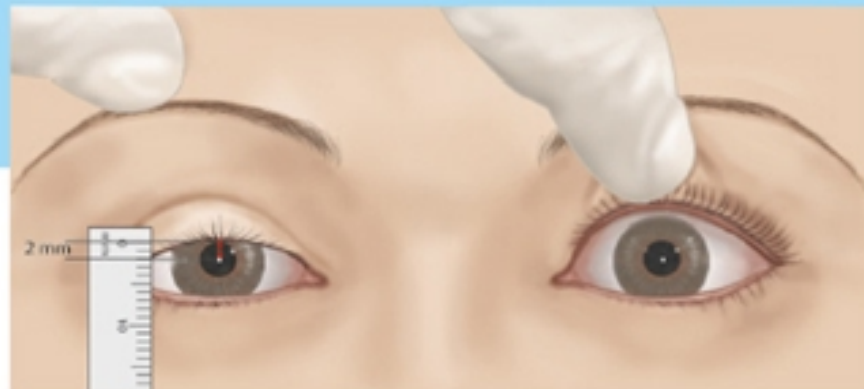
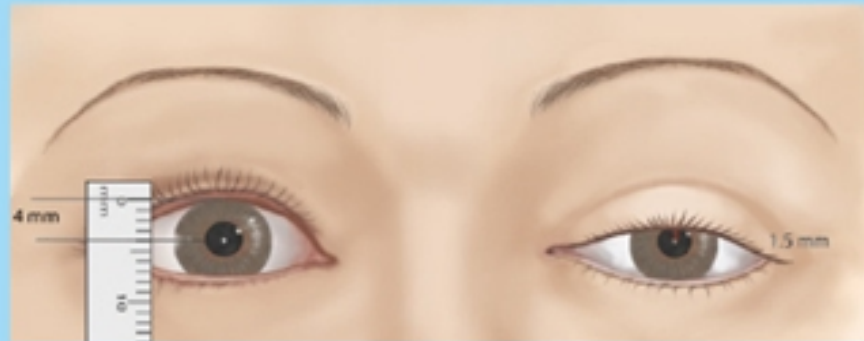


# Ophthalmic Plastic Surgery of the Upper Face

Eyelid Ptosis, Dermatochalasis, and Eyebrow Ptosis

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David B. Samimi  
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# Ophthalmic Plastic Surgery of the Upper Face

## Eyelid Ptosis, Dermatochalasis, and Eyebrow Ptosis

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538 illustrations

Thieme  
New York • Stuttgart • Delhi • Rio de Janeiro

**Library of Congress Cataloging-in-Publication Data** is available from the publisher

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Thieme Publishers New York  
333 Seventh Avenue, New York, NY 10001 USA  
+1 800 782 3488, **customerservice@thieme.com**

Thieme Publishers Stuttgart  
Rüdigerstrasse 14, 70469 Stuttgart, Germany  
+49 [0]711 8931 421, **customerservice@thieme.de**

Thieme Publishers Delhi  
A-12, Second Floor, Sector-2, Noida-201301  
Uttar Pradesh, India  
+91 120 45 566 00, **customerservice@thieme.in**

Thieme Publishers Rio de Janeiro,  
Thieme Publicações Ltda.  
Edifício Rodolpho de Paoli, 25<sup>o</sup> andar  
Av. Nilo Peçanha, 50 – Sala 2508  
Rio de Janeiro 20020-906 Brasil  
+55 21 3172 2297

Cover design: Thieme Publishing Group  
Typesetting by Thomson Digital, India

Printed in USA by King Printing Company, Inc. 5 4 3 2 1

ISBN 978-1-62-623921-0

Also available as an e-book:  
eISBN 978-1-62-623922-7

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This book is dedicated to our patients (past, present, and future), to our mentors who have taught us, and to our residents and fellows who challenge us to be the best surgeons we can be. Their gifts to understanding upper facial concerns have been priceless.

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## Foreword

I am honored to have been invited by Dr. Michael A. Burnstine to write a foreword for this textbook. Drs. Michael A. Burnstine, Steven C. Dresner, David B. Samimi, and Helen A. Merritt have assembled a group of outstanding oculofacial plastic surgeons, to join them in the creation of an up-to-date, comprehensive publication on “the treatment of upper eyelid and brow ptosis.”

There are many oculofacial plastic surgery textbooks, but most are on every aspect of the specialty. Although some of these textbooks have been on specific topics, there has been a void in blepharoptosis textbooks since the publications by Dr. Crowell Beard in the 1970s and 1980s. There have been many advancements in upper eyelid ptosis surgery since Beard’s publications, so it is appropriate that Michael A. Burnstine and his associate editors fill this void.

It is important to include in a book like this the treatment of the upper eyelid dermatochalasis along with upper eyelid ptosis surgery, as these two issues have to be addressed commonly. Since, at times, the redundant upper eyelid fold is secondary to brow ptosis, it is also important to add to upper eyelid ptosis surgery the elevation of the brow to reduce the upper eyelid fold. Besides bringing us up-to-date on blepharoptosis surgery, there are two additional chapters on treatment of the upper eyelid dermatochalasis and seven chapters on treatment of brow ptosis, which has also seen many recent advancements. The focus of the textbook on upper eyelid and brow ptosis leads readers to now having one comprehensive book on ptosis that is the source of all the current knowledge in this subject.

One unique interesting chapter in this book is, “Staying Out of Trouble: Strategies Based on Recent OMIC Oculofacial Plastic Surgery Claims.” Using data gathered by an ophthalmic insurance claims company provides the reader with an invaluable wealth of useful medico-legal information, an often overlooked topic in most texts.

I am proud that Michael A. Burnstine, a previous Oculofacial Plastic Surgery Fellow, has continued to be involved in adding to the scientific literature. I congratulate him and his associate editors, Steven C. Dresner, David B. Samimi, and Helen A. Merritt, on their accomplishments in assembling this comprehensive up-to-date ptosis text book.

*Allen M. Putterman, MD*

## Preface

Management of the upper face can be challenging. The idea for this text came as a response to teaching the finer points of eyelid ptosis management and upper facial rejuvenation to our residents and fellows of ophthalmology, facial plastic surgery, plastic surgery, and oral maxillofacial surgery. In the course of our clinical practice, we find that surgeons performing blepharoplasty and brow-elevating procedures frequently miss upper eyelid ptosis and/or brow malposition. In this book, we have world-class expert oculofacial plastic surgeons break down the steps for the comprehensive evaluation and management of upper facial changes: eyelid ptosis, dermatochalasis, and eyebrow ptosis.

In the ensuing chapters, we examine the clinical assessment of patients who present with upper eyelid and eyebrow concerns and provide a useful treatment protocol to address these issues. The surgical management chapters provide a stepby-step approach for the surgeons beginning their career, with finer tips embedded for the more experienced surgeons. We have designed this text to enable health care providers to offer optimal treatment to all patients who present with upper facial concerns.

## Videos

A selection of videos is available on MedOne illustrating the concepts and procedures covered in this book.

*Michael A. Burnstine, MD  
Steven C. Dresner, MD  
David B. Samimi, MD  
Helen A. Merritt, MD*

# Acknowledgements

We would like to thank our colleagues for their expert contributions, our families for their understanding during the creation of this book, and our Thieme editors for making this product the best that it could be.

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*Steven C. Dresner, MD*

*David B. Samimi, MD*

*Helen A. Merritt, MD*